

## Leg Ulcers

Sickle red blood cells can also stagnate blood flow to the skin. Individuals with sickle cell disease are susceptible to skin breakdown and ulcerations on the legs. Ulcerations can be promoted initially by injury to the legs or ankles, and then failure of the injury to heal. Leg ulcers most commonly occur in adults and usually form over the ankles and sides of the lower legs. The ulcers can become severe, even encircling the leg, and are prone to infections. Tight clothing should always be avoided.

### DISCLAIMER:

This information is for educational purpose only and is not intended to substitute for informed medical advice from your health care provider. You should not use this information to diagnose or treat a health problem or disease without consulting a qualified health care provider with any questions or concerns you may have regarding your condition or conditions of others.