

At School

Parents should meet with teachers and school nurses at the beginning of each of semester to inform them of their child's needs. This will avoid misunderstandings and friction as the school year proceeds.

Individuals with sickle cell disease usually have normal intellect and can perform all scholastic skills. Teachers should be made aware of the student's requirements during absences, and allowances should be made.

It is important that students with sickle cell disease get extra fluids, especially water; therefore, they may have to carry water bottles or be excused to the water fountain. As a result, these students may have to use the restrooms more frequently than others.

Physical activities are encouraged but should be tempered to each individual's tolerance because students with sickle cell disease will tire sooner than normal. Rest periods should be included in any long activities.

Students should be allowed to participate in all non-varsity activities. They should be offered non-active duties, such as keeping score, if they are tired.

DISCLAIMER:

This information is for educational purpose only and is not intended to substitute for informed medical advice from your health care provider. You should not use this information to diagnose or treat a health problem or disease without consulting a qualified health care provider with any questions or concerns you may have regarding your condition or conditions of others.